

Integrative Health Consulting, Inc.
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Jon D. Kaiser, M.D.

Curriculum Vitae

Undergraduate State University of New York at Binghamton

- *Bachelor of Arts, Philosophy, 1980*
- *Specialization in Biochemistry, Phi Beta Kappa*

Graduate University of Texas Medical School at Houston

- *Doctor of Medicine, 1984*
- *Honors in Internal and Emergency Medicine*

Postgraduate Kaiser Foundation Hospital, San Francisco, CA

- *Internal Medicine Residency, 1984-1985*

Faculty UCSF Medical School, Department of Medicine

- *Clinical Teaching Faculty, 4/99 - Present*

Experience

- K-PAX, Inc. – President,, CEO, and Medical Director – 2005 to Present
- Integrative Medicine Consultant, Private Practice – 1987 to Present
- HIV Specialist, Private Practice – 1987 to Present
- Medical Director, Integrative Health Consulting, Inc.– 2001 to Present
- Medical Director, The Jon Kaiser Wellness Center- 9/97-1/00 SF, CA
- Medical Director, Conant Group Wellness Center- 7/95-8/97, SF, CA
- Novato Family Practice Center, Novato, CA 1987-1989
- Kaiser General Medicine Outpatient Clinic, SF, CA 1988-1989
- Valley Emergency Physicians, Oakland, CA 1985-1988

Specialty

- Diseases of the Immune System/ Integrative Medicine/ HIV Care

Licensure

- California Medical License
- American Academy of HIV Medicine/HIV Specialist - 2002 – Present

Organization Memberships

- International Journal of Infectious Diseases – Editorial Review Board, 2006-Present
- Ontario HIV Treatment Network – Scientific Review Committee, 2005-Present
- American Academy of HIV Medicine, Founding Board Member
- American Academy of HIV Medicine, Reimbursement Committee Chairman, March 2000- January 2002
- California Academy of HIV Medicine, Founding Board Member
- Community Consortium of HIV Physicians, 1989 – 2007
- American Medical Association - 2002-2004
- California Medical Association - 2002-2004
- Marin Medical Society - 2002-2004
- California Pacific Medical Center Staff, 1992-2002
- San Francisco Children’s Hospital Staff Physician, 1989-1992
- Community Research Alliance/ Scientific Advisory Committee.
- Healing Alternatives Foundation/Advisory Committee
- Immune Enhancement Project/Scientific Advisory Committee

Industry Consulting

- Bristol-Myers Squibb Distinguished Faculty
- Gilead Sciences Distinguished Speakers Bureau
- Boehringer Ingelheim Physician Advisory Board
- Abbott Laboratories Physician Advisory Board
- Glaxo SmithKline Physician Advisory Board
- Agouron National Physician Advisory Panel
- Ortho Biotech HIV Specialist Speakers Bureau

Research Projects

- Micronutrient Supplementation – A Double –Blind, Placebo-Controlled Investigation of Clinical and Immunological Effects – Principal Investigator, 2001-2005
- BioTech General Oxandrolone Research Study
- Agouron Nelfinavir Research Study
- 3TC Open Label Study Research Program
- ddI Open Label Study Research Program

- ddC Open Label Study Research Program
- D4T Expanded Access Research Program
- Abacavir Expanded Access Research Program
- Amprenavir Expanded Access Research Program
- Independent HIV Research: Preventing HIV Disease Progression, UCSF Assisted

Government Affairs

- NRCC Physician Advisory Board, Honorary Co-Chairman
 - Physician of the Year Award, California - 2003

Journal Articles

- ***Micronutrient Supplementation Increases CD4 Count in HIV-infected Individuals on Highly Active Antiretroviral Therapy: A Prospective, Double-Blinded, Placebo-Controlled Trial.*** Kaiser JK, Campa AM, Ondercin JP, et al. *JAIDS* 2006;42[5]: 523-528.
- ***Micronutrient Supplementation Increases CD4 Count in HIV-infected Individuals on Highly Active Antiretroviral Therapy: A Prospective, Double-Blinded, Placebo-Controlled Trial.*** Final results presented at the 2006 World AIDS Conference, Toronto, Canada, August 14th, 2006 [Abstract # MOAB0402].
- ***Broad-spectrum Micronutrient Supplementation in HIV-infected patients with Dideoxynucleoside-related Peripheral Neuropathy: A Prospective, Double Blind, Placebo Controlled Trial.*** Preliminary results presented at the 11th Conference on Retroviruses and Opportunistic Infections, San Francisco, February 8-11, 2004 [Abstract #494].
- ***Comparison of Drug Susceptibility in HIV-1 from antiretroviral (ART) experienced subjects as assessed by the Antivirogram and Pheno-Sense assays,*** Presented at the 1st International AIDS Society Conference on HIV Pathogenesis and Treatment, Buenos Aires, Argentina (July 8-11, 2001).
- ***Genotypic and Phenotypic Characteristics of HIV-1 Isolates From Patients Failing d4T-Containing Regimens,*** Presented at the XIII International AIDS Conference, Durban, South Africa (July 9-14, 2000).
- ***Healing HIV- How To Rebuild Your Immune System,*** (HealthFirst Press January, 1999).

- *Complementary Therapies in HIV*, Alternative Therapies in Health and Medicine, (July, 1996).

Books

- *How To Rebuild Your Immune System*, (HealthFirst Press 1999).
- *Immune Power The Comprehensive Healing Program for HIV*, (St. Martin's Press July, 1993).

Television

- *The Wellness Program* Hosted monthly, prime time health-oriented cable television series exploring the frontiers of health and healing in the 90's, September '98 - March '99
- *AIDS Update* Appeared as a featured guest 8 times on this award winning monthly cable television show.
- Dr. Kaiser has also **appeared on CNN, KRON, News at Noon, Miami Television News, and French Public Television.**

Speaking Engagements

2009

- **“Micronutrients and Immune Function”**
 - Harlem Hospital, NY – Feb. 18, 2009
 - North General Hospital, NY– Feb. 19, 2009
 - St. John's ID Clinic, NY– Feb. 20, 2009
 - Project Samaritan Institute, NY– Feb. 20, 2009
 - North Shore Medical Center, NY– Feb. 20, 2009
 - Borinken Health Center, NY–March 18, 2009
 - St. Anne's Community Center, NY– March. 19, 2009
 - The Peter Kreuger ID Clinic, Beth Israel Hospital, NY– May. 1, 2009
 - Village Cares Community Center, NY– May. 19, 2009
- **The Perfect Immune Modulator** – 6th Anti-Infectives Deal Making Summit, Boston, MA, March 5. 2009
- **“7 Steps to a Stronger Immune System”**
 - The Helen Mills Theater, New York, NY – March 21, 2009
 - Village Cares Community Center, NY– May. 19, 2009
- **“The Coming Epidemic: Cardiovascular Disease and HIV”**

-Gay Men's Health Crisis Center, New York, NY – May 18, 2009

2008

- **“Living a Normal & Healthy Lifespan with HIV”**
 - New York, NY – March 29, 2008
 - Palm Springs, CA – June 3, 2008
 - Washington, DC, – October 20, 2008
 - New York, NY – October 23, 2008
- **Micronutrients and Immune Function** – Scripps Integrative Medicine Seminar – Natural Supplements: An Evidence Based Approach, San Diego, CA, January 2008
- **Making the Most of Your Medication** – The Helen Mills Theater –New York City, June 26, 2008
- **Micronutrients and Immune Function** – Presented to physicians, nurses and case managers at over 20 clinics in New York City

2007

- **Micronutrients and Immune Function** – Cornell University Medical School Physician Grand Rounds, November 13, 2007, Bronx, NY.
- **Micronutrients and Immune Function** – St. Vincent’s Hospital Infectious Diseases Grand Rounds, November 9, 2007, Bronx, NY.
- **Micronutrients and Immune Function** – Royal Society of London - Physician Grand Rounds, June 27, 2007, London, England.
- **Micronutrients and Immune Function** - The Bronx Hospital Physician Grand Rounds, June 13, 2007, Bronx, NY.
- **“Living a Normal & Healthy Lifespan with HIV”**
 - Phoenix, AZ – Jan. 20, 2007
 - New York, NY – March 29, 2007
 - Vermont Cares, VT – June 16, 2007
 - London, United Kingdom – June 28, 2007
 - Washington, DC, – October 2, 2007
 - New York, NY – October 3, 2007
 - Houston, TX – October 13, 2007
 - Dallas, TX – October 15, 2007
 - Los Angeles, CA – October 22, 2007
 - Palm Springs, CA – October 23, 2007

2006

- **Micronutrient Supplementation Increases CD4 Count in HIV-infected Individuals on Highly Active Antiretroviral Therapy: A Prospective, Double-**

Blinded, Placebo-Controlled Trial. Presented at the World AIDS 2006, August 14, 2006, Toronto, Canada.

- **“Living a Normal & Healthy Lifespan with HIV”**
 - New York, NY – March 29, 2006
 - Palm Springs, CA – May 18, 2006
 - San Diego, CA – May 31, 2006
 - Manchester, United Kingdom – June 19, 2006
 - London, United Kingdom – June 20, 2006
 - London, United Kingdom – June 21, 2006
 - Birmingham, United Kingdom – June 22, 2006

2005

- **Micronutrient Therapy as Part of the Comprehensive Treatment of HIV – Keynote Speaker at the Ontario HIV Treatment Network – Toronto, Canada - November 24, 2005**
- **Micronutrient Therapy as Part of the Comprehensive Treatment of HIV – Callen-Lorde Medical Clinic Ground Rounds – New York, New York – October 26, 2005**
- **The Use of Micronutrients as Immunomodulators in the Treatment of HIV - University of California San Francisco Medical Student AIDS Forum – San Francisco, California – October 8, 2005**
- **“Living a Normal & Healthy Lifespan with HIV”**
 - San Jose, CA – April 7, 2005
 - Ft. Lauderdale, FL – April 14, 2005
 - San Luis Obispo, CA – April 23, ‘05
 - Bellmawr, NJ – April 26, 2005
 - Philadelphia, PA – April 27, 2005
 - Dallas, TX – April 28, 2005
 - Tuscon, AZ – May 19, 2005
 - Atlanta, GA – May 23, 2005
 - Chicago, IL – May 24, 2005
 - New York, NY – May 26, 2005
 - Seattle, WA – June 2, 2005
 - Austin, TX – September 26, 2005
 - NYC, NY – October 26, 2005
 - Charlotte, NC – October 27, 2005
 - Tampa Bay, FL – November 8, ‘05

2004

- Vitamins Hormones, and Treatment Interruptions (STI's): A Potpourri of HIV Treatment Pearls, **Portland**, Oregon, December 2004.
- How to Live a Normal Lifespan with HIV, **Portland**, Oregon, December 2004.
- An Integrative Medicine Approach to Treating HIV - **Palm Springs**, California, December 2004.
- An Integrative Medicine Approach to Treating HIV - **Houston**, Texas, November 2004.
- An Integrative Medicine Approach to Treating HIV - **San Diego**, California, November 2004.
- An Integrative Medicine Approach to Treating HIV - **Miami**, Florida, October 2004.

- An Integrative Medicine Approach to Treating HIV - **Pasadena**, California, October 2004.
- An Integrative Medicine Approach to Treating HIV -**Los Angeles**, California, September 2004.
- An Integrative Medicine Approach to Treating HIV - **San Francisco**, California, September 2004
- Results of the HIV Micronutrient Study - **New York**, New York, June 2004.
- HIV Treatment Update, **Los Angeles**, California, March 2004.
- HIV Treatment Update, **San Francisco**, California, March 2004.

2003

- Enhancing Treatment Outcomes / Preventing Drug Side Effects – San Francisco, CA November 2003, Attendance 150+
- Enhancing Treatment Outcomes / Preventing Drug Side Effects – Phoenix, AZ, September 2003, Attendance 50+
- Vitamins and Micronutrient Support in HIV Disease – a lecture to physicians and researchers, New York City, NY - March 2003, Attendance 75+
- Emerging Issues in HIV Care – Vitamins and Micronutrient Support in HIV Disease – a lecture to physicians, San Francisco, CA - June 2003, Attendance 60+
- Enhancing Treatment Outcomes / Preventing Drug Side Effects – Project HOPE, San Jose, CA May 2003, Attendance 100+
- Enhancing Treatment Outcomes / Preventing Drug Side Effects – San Francisco, CA March 2003, Attendance 150+
- Enhancing Treatment Outcomes / Preventing Drug Side Effects – New York City, NY March 2003, Attendance 75+
- Enhancing Treatment Outcomes / Preventing Drug Side Effects – Los Angeles, CA January 2003, Attendance 200+

2002

- An Integrative Approach to Treating HIV/AIDS – A Kaiser Foundation Health Plan Video Conference – Oakland, CA – November 2002, Attendance 500+
- Enhancing Treatment Outcomes / Preventing Drug Side Effects – San Francisco, CA October 2002, Attendance 150+
- Enhancing Treatment Outcomes / Preventing Drug Side Effects – NYC, NY September 2002, Attendance 150+
- Enhancing Treatment Outcomes / Preventing Drug Side Effects – Philadelphia, PA September 2002, Attendance 150+
- Complementary Treatments for HIV Disease - CA Department of Public Health, Office of Community Based Services – San Jose, CA – September 2002, Attendance 75+ HIV nurse practitioners and case managers
- The Prevention and Treatment of AIDS Wasting Syndrome – Oakland, CA – September 2002, Attendance 30+ Treatment Providers
- The Prevention and Treatment of AIDS Wasting Syndrome – Fresno, CA – August 2002, Attendance 30+ Treatment Providers

- HIV Update – Vacaville State Prison, Vacaville, CA- August 2002, Attendance 30+
- Marin AIDS Foundation - HIV Update: Enhancing Treatment Outcomes - Preventing Drug Side Effects – San Rafael, CA, June 2002, Attendance 75+
- Maui, HI, Maui AIDS Foundation Conference 2002, April 2002, Attendance 100+
- Nutrition and HIV Disease – Colusa, CA- April 2002, Attendance 30+

2001

- The Prevention of Antiviral Drug Side Effects – Eureka, CA, Humboldt County Dept. of Public Health AIDS Conference, October,12 2001, Attendance 100+
- The Prevention and Treatment of Mitochondrial Toxicity, Lipoatrophy, and Lipodystrophy – Phoenix, AZ, September,14. 2001, Attendance 100+
- Maui, HI, Maui AIDS Foundation Conference 2001, April 2001, Attendance 100+

2000

- The Prevention and Treatment of Mitochondrial Toxicity, Lipoatrophy, and Lipodystrophy – A 10 city lecture tour to physicians, Oct/Nov 2000
- Enhancing Antiviral Therapy / Minimizing Antiviral toxicities – A lecture to physicians, Sept. 2000
- Heterochat Poz Summit 2000 - Keynote Speaker, San Diego, CA, June 9 2000, Attendance 500+
- South Lake Tahoe, CA, “Healing HIV Health Fair Community Forum”, June 2000, Attendance 100+
- North Lake Tahoe, CA, “Healing HIV Health Fair Community Forum”, April, 2000, Attendance 100+
- Grass Valley, CA, “Healing HIV Health Fair Community Forum”, April, 2000, Attendance 100+
- Kauai, HI, Kauai AIDS Foundation Conference 2000, April 2000, Attendance 60+
- Maui, HI, Maui AIDS Foundation Conference 2000, April 2000, Attendance 100+

1999

- “Healing HIV Health Fair Community Forums” : Miami, Los Angeles, New Orleans, Phoenix, San Diego, Washington D.C, Denver, Portland, San Francisco, New York City, **Total yearly attendance 4200+**
- Dallas, TX The prevention and treatment of HIV-related fatigue, Oct. 1999, Attendance 150+
- San Diego, CA The prevention and treatment of HIV-related fatigue, May 1999, Attendance 150+
- Maui, HI, Maui AIDS Foundation Conference 1999, May 1999, Attendance 200+
- Honolulu, HI Hawaii Pharmacists Convention “Combining alternative with standard medical therapies in HIV/AIDS treatment
- Cannes, France, April 1999, Abstract accepted for presentation at the Third International Conference on Nutrition and HIV Infection, “Elimination of malnutrition cofactors in combination with HAART therapy improves clinical outcomes”.

- Princeton, NJ, Feb. 6, 1999, Keynote Speaker-The 1999 New Jersey Conference on HIV/AIDS, Attendance 250+

1998

- “Healing HIV Health Fair Community Forums” : Miami, Los Angeles, New Orleans, Phoenix, San Diego, Washington D.C, Denver, Portland, San Francisco, New York City, **Total yearly attendance 4200+**
- Tampa, FL, December 4, For AIDS Care Today, Inc., Keynote Speaker yearly fundraiser banquet, Attendance 400+
- Greenville, South Carolina, December 4, Medical Grand Rounds: HIV care in the 21st Century, Keynote Speaker, Attendance 150+
- Tampa, FL, December 1, St. Joseph’s Hospital World AIDS Day Program, Keynote Speaker, Attendance 100+
- AIDS, Medicine, & Miracles, Dallas, TX, Featured speaker, Attendance 60+
- Illinois Dept. of Public Health, HIV and STD Update Conference, Attendance 150
- 1998 “Healing HIV Health Fair Community Forums” : Miami, Los Angeles, New Orleans, Phoenix, San Diego, Washington D.C, Denver, Portland, San Francisco, New York City, Total attendance 3500+

1997

- Los Angeles, CA, March 15, Nutrition and Preventing Weight Loss in HIV plus New Trends in Antiviral Therapy, Community Forum, Attendance 250+
- Miami FL, February 22, Nutrition and Preventing Weight Loss in HIV plus New Trends in Antiviral Therapy, Community Forum, Attendance 200+

1996

- Chicago, IL, November 16, Nutrition and Preventing Weight Loss in HIV plus New Trends in Antiviral Therapy, Community Forum, Attendance 300+
- New York City, NY, October 26, Nutrition and Preventing Weight Loss in HIV plus New Trends in Antiviral Therapy, Community Forum, Attendance 500+
- San Francisco, CA, September 21, Nutrition and Preventing Weight Loss in HIV plus New Trends in Antiviral Therapy, Community Forum, Attendance 600+
- New Orleans, LA, June 25, New Trends in Treatment of HIV - Fatigue, Protease Inhibitors, and Wasting Syndrome, Private dinner for physicians, sponsored by Ortho Biotech.
- San Francisco, CA, May 20, Nutrition and HIV, Conant Community Forum.
Sausalito, CA, April 10, Trends in Alternative Therapies, New Dimensions Radio interview.
- New Orleans, LA, March 28, The Prevention and Elimination of Fatigue in HIV, Ortho Biotech Community Forum.

1995

- Miami, FL, December 9, The Prevention and Elimination of Wasting Syndrome, Community Forum.

- Houston, TX, November 18, The Prevention and Elimination of Wasting Syndrome, Community Forum.
- New York, NY, October 28, The Prevention and Elimination of Fatigue in HIV, Ortho Biotech Community Forum.
- Denver, CO, October 14, Update on Alternative Therapies in HIV, Project Angel Heart/Colorado Health Fair.
- Denver, CO, October 13, The Prevention and Elimination of Wasting Syndrome, Presentation to the physician community.
- Miami, FL, October 7, The Prevention and Elimination of Fatigue in HIV, Ortho Biotech Community Forum.
- San Diego, CA, September 23, Nutrition and HIV, HIV/AIDS in Women Conference.
- San Francisco, CA, July 18, Viacom Cable AIDS Update Series, Television appearance, guest speaker.
- Los Angeles, CA, July 8, The Prevention and Elimination of Fatigue in HIV, Ortho Biotech Community Forum.
- Washington, D.C., April 27, Complementary Therapies and HIV Presentation, National Institutes of Health Office of Alternative Medicine Conference.
- Portland, OR, April 14, A Comprehensive Healing Program for HIV, Project Quest Annual Retreat.
- San Francisco, CA, March 4, The Prevention and Elimination of Fatigue in HIV, Ortho Biotech

1994

- Miami, FL, April, The Immune Power Comprehensive Healing Program for HIV, Mercy Hospital.
- Miami, FL, April, A Comprehensive Treatment Program for HIV - Is Success Possible?, People with AIDS Coalition.
- Oakland, CA, February, The Comprehensive Treatment Program for HIV, Annual Meeting for Hemophilic Society of Northern California.

1993

- San Francisco, CA, December, New Trends in HIV Treatment, San Francisco General Hospital Department of Family Practice Grand Rounds.
- Key West, FL, December, The Immune Power Comprehensive Healing Program for HIV.
- Fort Lauderdale, FL, December, The Immune Power Comprehensive Healing Program for HIV, Broward County Library.
- Orlando, FL, December, New Trends in HIV Treatment, Until There is a Cure Conference.

Jon D. Kaiser, M.D.

Clinical Faculty
UCSF School of Medicine
San Francisco, CA

Biography:

Jon D. Kaiser, M.D. was born in New York City in 1959. After graduating from the State University of New York with a degree in Philosophy with a Specialization in Biochemistry, he attended medical school at the University of Texas Medical School in Houston. During his medical school training, he received honors in Internal Medicine and Emergency Medicine, but at the same time became disheartened at the purely mechanistic approach to the treatment of disease that he was being taught. It was during this time that Dr. Kaiser began to explore the fields of nutrition, natural therapies, and emotional healing techniques.

In 1984, Dr. Kaiser began postgraduate training in Internal Medicine at the Kaiser Foundation Hospital in San Francisco. It was at this time that he began treating patients who were infected with the HIV virus. Several years later, after gaining experience in emergency medicine and family practice, Dr. Kaiser opened his private practice which quickly grew to capacity because of the intelligent and comprehensive approach he brought to the treatment of HIV infection, Cancer, and other immune system disorders. In 1993, Dr. Kaiser published his first book, Immune Power: A Comprehensive Treatment Program for HIV (1993 St. Marin's Press) which was critically acclaimed as well as a best seller in the SF Bay Area.

In 1997, Dr. Kaiser became Medical Director of The Jon Kaiser Wellness Center providing primary care to over fifteen hundred seriously ill patients in San Francisco. In early 2000, Dr. Kaiser re-entered private practice as an Integrative Medicine Consultant, helping patients recover from complex medical conditions using a unique integration of natural and standard medical therapies. His second book, Healing HIV: How To Rebuild Your Immune System (1999 HealthFirst Press), updated his comprehensive treatment approach including new information on micronutrient therapy, hormonal support, as well as the latest research on antiviral therapy.

In 2001, Dr. Kaiser was the Principal Investigator for a groundbreaking research study testing the ability of a unique combination of high dose antioxidants to improve key immune markers in people with HIV/AIDS. The results of this research study showed that this formula could significantly strengthen the immune system in people with HIV/AIDS and his findings were presented at the 2006 World AIDS Conference and published in the Journal of AIDS (*JAIDS*) in August 2006.

In 2005, Dr. Kaiser formed K-PAX, Inc. to continue the important research and development of K-PAX Immune Support Formula. K-PAX is currently working to bring its Immune Support Formula to market as the first oral, broad-spectrum, by-prescription, insurance-covered immune modulator that is made up of completely natural ingredients!

Dr. Kaiser is well known for his nationwide lectures on optimizing immune function and his audiences consistently rate his HIV Treatment Update programs as highly valuable to their care. His ultimate goal is to help patients and health care providers treat complex medical conditions utilizing an integration of natural and standard medical treatments.

Dr. Kaiser has been treating patients with HIV/AIDS, Chronic Fatigue Syndrome, Cancer, and other immune system disorders for the past twenty years. He is currently a member of the Clinical Faculty at the University of California, San Francisco Medical School.